

## On completion of the training, you will be able to

- Understand how you and others learn and process information
- Increase flexibility and create change for yourself and others
- Establish and maintain rapport
- Create and use metaphor in conversation and therapy
- Use anchoring, reframing, healing the younger self, the allergy treatment, and many other NLP therapeutic interventions
- Use precise, transformational language patterns for change
- Detect, elicit, use, and install strategies
- And much much more

## What others have said about Patricia

Patricia has invaluable knowledge gathered internationally, which she expertly communicates throughout her training. Her patience and attention to detail allows all learners to embrace these essential life skills and her ease in tailoring sessions to meet individual and group needs is simply inspiring.

I would suggest it very worthwhile to partake in this transformative journey alongside Patricia, an inspirational Trainer. This is the perfect application of professional, personal, practical and spiritual training. Patricia practises all she teaches.

Keishana Coursey – Businesswoman and student

## What others have said about Patricia and Richard

“The course surpassed my high expectations. The program spread over six months was beneficial in that the space between weekends helped integrate learning. The trainers were excellent, and the whole program was very practical for business people.”

Bruce White – General Manager

“A comprehensive course facilitated with sensitivity and paced to cater for individuals' differing needs.”

Maureen Vance – Manager,  
Adult Reading Assistance Scheme

## Training organisation

Patricia and Richard Greenhough own the training company Lifetime Learning (NZ) Ltd.



Lifetime Learning (NZ) Ltd

Ph 64 3 980 9518

patricia@lifetimelearning.co.nz

PO Box 430

(6 Harvey Terrace)

Christchurch 8140

New Zealand

www.lifetimelearning.co.nz

# NLP Practitioner Training 2010

Neuro Linguistic Programming  
Practitioner Certification  
with  
Patricia Greenhough



Lifetime Learning (NZ) Ltd  
P O Box 430 (6 Harvey Terrace)  
Christchurch, New Zealand

Ph: 64 3 980 9512  
or 64 3 980 9518

E: info@lifetimelearning.co.nz  
www.lifetimelearning.co.nz

## What is NLP?

**Neuro** – from the Greek word for the brain  
**Linguistic** – language, or how we communicate  
**Programming** – patterns.

NLP is a way of living and communicating more effectively.

## Venue

6, Harvey Terrace, Richmond, Christchurch

## Times

Tuesday nights 6.00 – 9.30 pm  
Saturdays 9.30 am to 5.30 pm

## 2010 Dates (130 hours)

Saturday 6 February	Saturday 27 February
Saturday 24 April	Saturday 29 May
Saturday 26 June	Saturday 31 July

And every Tuesday night from 9 February to 27 July.

## Investment

Full price \$2,050.00 (GST inclusive)  
Early bird \$1,900.00 (GST inclusive) if paid in full by 20 December 2009.

*Book now, numbers are limited to 12 people.*

Deposit of \$500 secures your place.

Payment by direct credit, cheque, or cash please.  
Sorry, no credit cards or eftpos.

*“Another thing I love about NLP, I can use the processes to help others or by myself, for myself.”*

Nicola Price - Student

## Benefits of this course

- Transformational and skill-based
- Immediate practical application
- Time to integrate the learning and to practise between the sessions
- Friendly, relaxed, encouraging environment
- Manageable hours for business and private life
- Small group, giving focussed attention to each participant



**Patricia Greenhough** is an internationally trained and certified NLP Trainer, Hypnotherapy Trainer, HNLP Master Coach, Feldenkrais® teacher, and NZRN. She is trained in kinesiology, and many other disciplines. Patricia has worked as a palliative care nurse, in a quarter way house from the psychiatric and prison systems, and for Rape Crisis. She has been a self-employed therapist and trainer for the last twenty years, and an NLP Trainer since 2002.

Guest trainer **Richard Greenhough**. NLP Trainer, Hypnotherapy trainer, Coach and Educator.

## Enrolment details

NLP Practitioner, February 2010

Please print

Name \_\_\_\_\_

Address \_\_\_\_\_

Phones \_\_\_\_\_

Email \_\_\_\_\_

Payment enclosed \_\_\_\_\_

## Contact me

Phone 64 3 980 9518

Email: patricia.g@clear.net.nz

Mail: PO Box 430  
(6, Harvey Terrace)  
Christchurch 8140  
New Zealand

Web www.lifetimelearning.co.nz